

# THE PERMANENT ROUTE OF L'EROICA IN 4 STAGES

The Permanent Route of L'Eroica is a unique experience that allows you to live the adventure of L'Eroica all year round.

The permanent route is a total of 205 km in the heart of the Siena region, through the Chianti, Crete Senesi and Val d'Orcia. It's a journey into the essence of the legendary Tuscan landscape, characterized by challenging technical features that make this route a great opportunity to practice cycling. The route alternates paved and white roads, and has a total elevation gain around 3500 meters. White roads cover around 112 km. Stages will be around 50 and 60 km.

## ITINERARY

## 1° DAY – "BENVENUTI IN TOSCANA"

Individual arrivals at **Villa Curina** <u>http://www.villacurinaresort.com/it/</u>, briefing with delivery of the road book to complete the permanent route and final dinner.

HOTEL	INCLUDED MEALS
<u>Villa Curina</u>	Breakfast - Dinner

## 2° DAY – THE CHIANTI REGION

## 63 km – elevation gain: 1200 meters

After the panoramic descent to Pianella, the road to Radda in Chianti will be a sequence of vineyards and woods, passing through pretty villages and farms, that could offer you a wide range of local produce, such as wine and olive oil tasting, temptations that will delight your itinerary and your senses. You'll arrive to Radda in Chianti that merits a visit to its historical village, for example having lunch into its nice little alleys. You will join Gaiole in Chianti, town where L'Eroica was born in 1997, through Vertine, a little pearl of Chianti.

After Gaiole in Chianti the Eroica route will lead you to the castle of Brolio with its cypress-lined entrance. The breath-taking panorama below the walls, over the vineyards, represents one of the most wonderful parts of the permanent route.

Dinner and accommodation at Villa Curina http://www.villacurinaresort.com/it/.

HOTEL	INCLUDED MEALS
<u>Villa Curina</u>	Breakfast – Lunch – Dinner

## 3° DAY – SIENA AND VAL D'ARBIA

## 56 km – elevation gain: 850 meters

After a few kilometers, near San Giovanni a Cerreto, Siena will appear on the horizon. The visit to this wonderful medieval city with its Dome, Piazza del Campo and the perfect medieval city center will make your trip special. Neat vineyards evolve into a more varied landscape, painted with the traditional Terra di Siena colours. Soon after leaving the city of Siena you'll ride through a very typical segment of the route, located between "Colle

Malamerenda" and Radi, deep in the gentle hills of Siena, studded with farm houses and medieval villages, merging your ride with the Via Francigena itinerary. Views of the village of Murlo will be the backdrop to the easiest segment of the whole permanent route.

Dinner and accommodation in typical tuscan farmhouse that offer Health & Beauty Centre, Horse Riding, Indoor and Outdoor Swimming Pools and the characteristic restaurant offers genuine, traditional Tuscan cuisine made from a farm grown organic product. **Fattoria Pieve a Salti** <u>www.pieveasalti.it/</u>

HOTEL	INCLUDED MEALS
<u>Fattoria Pieve a Salti</u>	Breakfast – Lunch – Dinner

#### 4° DAY – MONTALCINO AND LUCIGNANO D'ASSO

#### 61 km – elevation gain: 1180 meters

Climbing Castiglion del Bosco, one of the most challenging segments of L'Eroica permanent route, you will reach Montalcino, which sits over the beautiful and panoramic lands of the home of Brunello of Montalcino. Montalcino, also famous for olive oil and honey, is a nice village that merits a visit, even just to admire the incredible panorama views on the Val d'Orcia area. The descent from Montalcino will be a dive into vineyards, bringing you through smooth, pristine hills until Lucignano d'Asso, where you can take a rest with a typical snack or just to refill your bottle. Pedaling in the landscape of the Val d'Orcia is a privilege for the eyes and mind that revives you despite the strain of constant hills roads. This stage is perfect for a wine-gastronomic visit, for example to one of our selected Brunello wine farms or for a truffle hunting experience.

Dinner and accommodation in farmhouse, the same of day 3. Fattoria Pieve a Salti www.pieveasalti.it/

HOTEL	INCLUDED MEALS
<u>Fattoria Pieve a Salti</u>	Breakfast – Lunch – Dinner

## **5° DAY – THE CRETE SENESI AND MONTE SANTE MARIE**

#### 48 km - elevation gain: 850 meters

From the vineyards and rolling hills to the beauty of the lunar landscape is a short step. Once you have left the villages along the Cassia, you will be immersed in the Crete Senesi with its characteristic gullies. Oak trees and cypresses indicate isolated farms where they produce cheese, and tables are enriched by the "diamond" of the Crete Senesi: the white truffle. This part of the route includes the difficult white road of Monte Sante Marie, a very famous steep road that will take you back to the Chianti area. You will back to the Chianti region through Castelnuovo Berardenga, the village on the border with the Crete Senesi.

Dinner and accommodation at Villa Curina http://www.villacurinaresort.com/it/.

HOTEL	INCLUDED MEALS
<u>Villa Curina</u>	Breakfast – Lunch – Dinner

## 6° DAY – "ARRIVEDERCI"

Breakfast and graduation time! You will receive your personal diploma of "Eroici", souvenir of an incredible ride!

## **S**UGGESTIONS

- ✓ Level: for active riders. The Permanent route include steep climb over 15%. Unpaved roads make harder the ride
- ✓ Bike suggested: hybrid bike with knobby tires for an efficient ride on unpaved roads



✓ We suggest a comfortable cycling wear. We recommend to include in your bags waterproof and thermal clothing too, in case of unfavorable weather.

### WHAT'S INCLUDED:

- ✓ 5 NIGHTS STAY WITH BREAKFAST
- ✓ 5 DINNERS, DRINKS NOT INCLUDED
- ✓ 4 LUNCHES
- ✓ BAGGAGE TRANSPORTATION BETWEEN THE HOTEL
- ✓ PICK-UP OF ANYTHING YOU BUY DURING YOUR DAILY STAGE: WINE, GIFT AND MORE
- ✓ VAN SUPPORT DURING EACH STAGE
- ✓ EXPERT BIKE GUIDE EACH DAY
- ✓ MAPS AND INFORMATION FOR YOUR DAILY STAGES
- ✓ ROAD BOOK AND FINAL DIPLOMA OF "EROICI"

### **NOT INCLUDED:**

- ✓ TOURIST CITY TAX
- ✓ DRINKS
- ✓ MEDICAL/BAGGAGE INSURANCE

### **OPTIONAL SERVICES (PRICES ON REQUEST):**

- ✓ MEDICAL/BAGGAGE INSURANCE
- ✓ ACTIVITIES FOR NON-CYCLIST (COOKING CLASS, HORSEBACK RIDING, TREKKING AND MORE)
- ✓ ACTIVITIES ALONG THE ROUTE
- ✓ BIKE RENTAL (ROAD BIKES, HYBRID, MTB, VINTAGE BIKES OR ELECTRIC BIKES)
- ✓ GPS RENTAL
- ✓ GUIDED TOURS OF CITIES AND VILLAGES

#### **PRICE:**

1300,00 € PER PERSON IN DOUBLE ROOM

\*THE TOUR WILL START WITH MINIMUM 8 PARTICIPANTS

