

# **TUSCANY COAST WINE & BIKE TOUR**

Four days to discover the Etruscan Coast (Costa degli Etruschi) and Tuscany coast, a magnificent bike trip that will take you from **Volterra**, famous for the mining and processing of **alabaster**, and its imposing walls of Etruscan origin, to the sea of the Tuscan coast and the pretty village of Castiglione della Pescaia.

Ride beside white sandy beaches, breathe the warm sea breeze and explore the countryside surrounded by olive trees and vineyards. In the final part of the trip you will explore the heart of the Maremma, a wild region still uncontaminated by the tourist explosion.

The tour will take you in the famous Bolgheri wine region, home to the famous labels of Ornellaia and Sassicaia.

A local staff and a wine expert will lead you to discover all the secrets of Bolgheri DOC wine, cycling surrounded by beautiful views and seaside villages while visiting different wineries each day.

## **ITINERARY DAY BY DAY**

## DAY 1 - BENVENUTI IN TOSCANA

Pick up at Pisa airport and private transfer to Volterra, nice town famous for the mining and processing of alabaster, and its imposing walls of Etruscan origin.

Meet and greet with our staff, delivery of the maps and briefing about the tour.

Dinner and accommodation in hotel.

HOTEL	INCLUDED MEALS	ACTIVITIES
Park Hotel Le Fonti	Dinner	Private transfer Pisa-Volterra

### DAY 2 – VOLTERRA TO BOLGHERI

58 km – Elevation gain: 440 meters

The first stage will take you from Volterra to the tuscan sea of Costa degli Etruschi, along one of the most beautiful panoramic roads.

After a long descent, immersed in the typical Tuscan countryside, we will reach the southern area of Val di Cecina up to the village of Casale Marittimo, with a beautiful view over the Tyrrhenian coast.

We will then ride direction of Bolgheri, also known for its Viale dei Cipressi, a cypress-lined avenue immortalized in the poem "San Guido" by Giosuè Carducci. Bolgheri is a perfect break for a walk through the characteristic shops and for a typical lunch.

After lunch we'll cycle along the Strada del Vino Bolgheri, really nice road surrounded by vineyards. This region is one of the most prestigious wine regions in Italy, in addition to the wine Bolgheri DOC you also have the chanche to taste the Super Tuscans, a red wines that revolutionized the Italian winemaking industry

Before arriving at the next hotel, we will stop for a wine tour and tasting at the winery Guado al Melo.

Dinner and accommodation in hotel.

HOTEL	INCLUDED MEALS	ACTIVITIES
Tombolo Talasso Resort	Breakfast - Lunch - Dinner	Wine Tour and Tasting

## DAY 3 – CASTAGNETO CARDUCCI, SASSETTA AND SUVERETO

50 km – Elevation gain: 460 meters



1

Today's bike ride will be one of the most beautiful stages of the tour, a picturesque back road leads you through chestnut and cork forests direction the hilltop towns of Costa degli Etruschi. Reach the pretty village of Castagneto Carducci after breakfast, an enchanting town on a hill overlooking the sea.

Afterward, continue cycling to the village of Sassetta, perched on a hill in the hinterland of the Etruscan Coast, made up of narrow streets and small squares. Enjoy a coffee break and reach Suvereto, a perfectly preserved town of Roman origin, where we'll stop for lunch.

Along the way to the next hotel we will stop for a wine tour and tasting in one of the many farms producing a wonderful wine, so characteristic that has obtained the DOCG designation.

Dinner and accommodation in hotel.

HOTEL	INCLUDED MEALS	ACTIVITIES
Bike Hotel Salvapiano	Breakfast - Lunch - Dinner	Wine Tour e Tasting

## DAY 4 - FOLLONICA AND CASTIGLIONE DELLA PESCAIA

64 km – Elevation gain: 610 meters

The last stage will take you to Castiglione della Pescaia, a characteristic seaside village perched on a promontory of the Maremma coast. Castiglione is also an exclusive summer tourist destination, known for its crystal-clear sea and pine forests that continue to Marina di Grosseto.

You will have the opportunity to choose a nice off-road for MTB, pedaling along the coast, between coves such as Cala Violina and breathtaking views up to Punta Ala. For this route, MTB will be provided with an extra charge of € 25 per bike.

Otherwise, you can choose a quiet road deep in the Maremma hinterland up to Tirli, a village where it is easy to understand how life was in the past in Maremma region. During this stage we'll visit a local winery and taste another good wine.

Enjoy a relaxing afternoon, fine sandy beach and crystal clear waters before the final dinner.

Dinner and accommodation in hotel.

HOTEL	INCLUDED MEALS	ACTIVITIES
Hotel Terme Marine Leopoldo II	Breakfast - Lunch - Dinner	Wine Tasting along the Tirli's route

## DAY 5 – CHECK-OUT AND ARRIVEDERCI

Breakfast and private transfer to Grosseto train station. Transfer to Pisa airport or other destinations available on request with extra price.

Otherwise, you can add more nights to your stay in Tuscany or extra days of biking to discover Maremma up to Morellino di Scansano wine region.

### WHAT'S INCLUDED

- ✓ 4 NIGHTS STAY WITH BREAKFAST
- ✓ 4 DINNERS, DRINKS NOT INCLUDED
- ✓ 3 LUNCHES
- ✓ WINE TOURS AND TASTINGS OFFERED DAY BY DAY
- ✓ ENGLISH SPEAKING GUIDE
- ✓ WINE EXPERT
- ✓ VAN SUPPORT DURING EACH STAGE
- ✓ BAGGAGE TRANSPORTATION BETWEEN THE HOTELS
- ✓ MAPS AND PROGRAM OF THE TOUR
- ✓ GPX TRACKS FOR GPS SYSTEM
- ✓ PRIVATE TRANSFER PISA AIRPORT-VOLTERRA DAY 1
- ✓ PRIVATE TRANSFER TO GROSSETO TRAIN STATION ON DAY 5
- ✓ H24 ASSISTANCE BY ANIMA TOSCANA STAFF



### NOT INCLUDED:

- **TOURIST CITY TAX**
- DRINKS
- MEDICAL BAGGAGE INSURANCE

### **OPTIONAL SERVICES (PRICES ON REQUEST):**

- MEDICAL BAGGAGE INSURANCE
- BIKE RENTAL (TREKKING, ROAD, GRAVEL OR E-BIKES)
- PRIVATE TRANSFER TO PISA OR OTHER DESTINATION ON DAY 5

#### PRICE PER PERSON IN DOUBLE ROOM

- 1850,00 € (2 PEOPLE BASIS)
- 1470,00 € (4 PEOPLE BASIS)
- 1280,00 € (6 PEOPLE BASIS)
- **1150,00 € (8** PEOPLE BASIS)

#### **BIKE SUGGESTED**

PART OF THE ITINERARY IS ON GRAVEL ROAD, WE SUGGEST TO USE TREKKING BIKES, GRAVEL OR E-MTB FOR BEGINNERS CYCLISTS.

#### **CANCELLATION POLICY**

A) CANCELLATION UNTIL 31 DAYS THE DATE OF THE ARRIVAL: 25% OF THE TOTAL AMOUNT

B) FROM 30 TO 21 DAYS: 50% OF THE TOTAL AMOUNT

c) From 20 to 0 days: 100% of the total amount

CANCELLATION CAUSED COVID-19: WE'LL OFFER A MONEY VOUCHER OF THE SAME AMOUNT PAID, THAT YOU CAN SPEND UNTIL 1 YEAR FOR ONE OF THE PACKAGES AND SERVICES.

